

The background features several large, overlapping geometric shapes in vibrant colors: red, orange, yellow, purple, blue, and teal. The shapes are arranged in a dynamic, non-representational pattern.

BLA BLA BLA with Baby

0-1 year old

In the belly...

- Baby hasn't shown his head yet but you can already begin to communicate with him ! The hearing is the best sense acquired by babies at the beginning, they hear way sooner and better than they can see !
- Talk to your baby ! He can hear Mummy very well, and Daddy can come close and speak loud too ! Sing to him already, it can be songs you'll sing to him when he's born to take him to sleep.
- Music : let him hear all kind of musics, beats, vibrations. You can put earplugs on the belly. You can also « show » him rythmes by dancing and taping with yours fingers on yourself. Opening the baby to a range of different sounds and musics helps him to recognize them after birth and can be relaxing and comforting, helps him not to be afraid of all noises !

Chinese, french and english, an international mix !

- How to help baby understand and differentiate three languages ?
 - Each parent chooses one language to address to the baby and keeps to this language (until baby speaks well at least). Choose your childhood language, it will feel natural and come easier. Decide with your family and close friends which language they choose. You can then tell baby « Granpa is here you 'll speak french with him »
 - The parents may speak another language between them too (english)
 - Activities and games can be resourceful to get acquainted with the music and culture of each language
 - When the baby will begin to say sentences and mixes languages, don't say it's wrong (it's vexing and doesn't help children to want to do right), just repeat correctly the sentence as a correct model (he'll hear the difference and notice he has done differently and he will correct himself some time after!)

What can baby do ?

- Babies are superheroes, they learn how to eat, look, cry, smile, walk, run, speak...in a very small amount of time ! Thinking they can't do a lot is naive. They can understand since birth and before a lot of situations, how their parents feel, how to trigger reactions around them...
- Knowing that you can begin to speak to your baby, to explain what's happening, what will happen, how he feels/you feel, what's around him, who's here... As a useful and strong help you can use baby sign languages. It helps baby to understand words (as you speak AND sign) and re-enforce understanding by using always the same signs and words and the same situations : eating, changing, sleeping, kisses or hugs, Daddy and Mummy. You can find on apps little games to learn 10ish words wich will be enough to begin with ! They are different sign languages in different countries but the basics signs are very close, choose maybe the french version so that I can help you if necessary !

Language...what?how ?



Language 0-3 months

- **Expression**: Baby can say vocals such as AAA OOO III EEE and high tones sounds.

He learns how to smile as a communication response to people.

He can look and communicate by gazing and following people and activities around with his eyes.

- **Understanding** : Baby reacts to voices, recognizes family members by their voices.

Baby reacts to sounds around him and move or gaze around to find where it comes from.

Baby understands intonation of the speech and can sense the emotions given.

Language 3-6 months

- **Expression**: Baby still uses vocals and begin to add consonnes, such as BABABA DADADA.

He plays with his voice, tries things, amuses himself.

Baby learns how to laugh at loud and it's very funny !

- **Understanding** : Baby understands familiar words (mummy/daddy/sleep/eat/change...).

Baby reacts when you say NO and when you say his name.

Baby can understand a small sentence around 6 months, something of the routine, that he has heard a lot such as « Let's go to sleep. »

Baby reacts to musics, he feels the differences.

Playing with Baby !



Language 6-12 months

- **Expression**: Baby uses syllables a lot BADAPA
He can use pointing with his finger associated with a sound to ask for something.
He is noisy with his lips !
He uses sign language to say bye bye/hello, no...
He makes mimics:)
- **Understanding** : He points objects.
He understands more familiar words
He understands small rules.
Baby can be focused on you.

Playing with baby 0-3 months

- Use sounds, « onomatopées », make faces, sing, talk to your baby to wake his attention to langages.
- Show books with contrasts to your baby, you can also find books with touching zones, and with music, large pictures are easier to see for baby and large strong books to manipulate.
- Use the touch and massages on the fooks, hands, belly, associated with songs or talks. It stimulates the baby's consciousness of his own body. Dance with him :) Do the retropédalage on the blanket while changing.

General development 0-3 months

- Baby can discover things around with touch/smell/sounds/sight. Beware, he can only see from 15 to 30 cm for now. He is fascinated with contrasts (geometrics forms in black and white), and with your eyes/mouth/face. He hears very well.
- When you put something in your baby's hand he can take it , but not consciously, it's a reflex of « agrippement ».
- At 2 months, baby plays with his hands.

Playing with baby 3-6 months

- Baby uses his hands to discover and take things to his mouth. Show him every kind of textures. Put him on the belly with toys to reach around.
- Place the baby face to face with a mirror, play with lights and shadows. It stimulates visual exploration and helps him understand and see his bodyform.
- Play with your voice and change it, amuse your baby by being a clown !
- In the water, play with it, let it run through his fingers, arms, at the back...

General development 3-6 months

- Baby controls his head better and in your arms he can be more upright and watches you more precisely.
- At 4 months he begins to tend his arms to take toys around him. He uses hands and mouth to discover things.
- At 5 months he begins to turn from back to belly.

Playing with baby 6-12months

- Let your baby try different kind of objects, light/heavy, to use with hands or fingers, to push or to pull...help him discover manipulations, the try and fail that leads to repetitions and success.
- Read to him, name things on pictures, and everywhere around, be his own dictionary !
- Stimulates your baby to show things with his finger, look at things together, the « attention conjointe » is important to develop communication skills.
- Do « à dada », balance baby, to make him feel and sense how to prevent falling, a consciousness of danger and a help for selfconfidence later.
- When he is on four legs, chase him and make him chase you !
- Do the game « coucou caché » with your hands hiding your face, it helps your child understand the principle of « permanence de l'objet » (it means when something isn't there it can come back, it still exists somewhere else).
- Sing songs with different rythmes !

General development 6-12 months

- Baby can begin to move around by himself. He stays sitted around 6 months. Around 7 he crawls, around 9 he is on four legs.
- He can take different kind of objects in his hand.
- He recognizes familiar people and can be shy to others.
- Around 9 months he begins to point to pictures and objects to ask for them and then to ask for their name.
- Around 10 months he imitates pepole actions.
- Around 12 months he stands up and begin to walk.

Activities and toys



Ideas activities toys

- Pictures with contrasts : easy to find on Montessori blogs such as Montessori ETCie ou Petits sioux.com

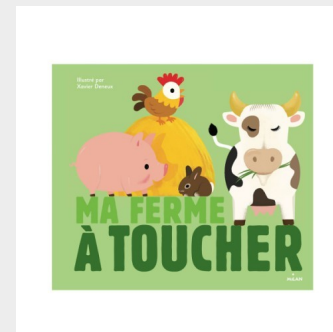


- The sensory bottles to observe :



Next...

- Bubbles !!
- Musics instruments
- Comptines à gestes : Petit Escargot, La famille tortue...in all langages check Youtube !
- Books to read touch and hear, pop-ups books



But what is th best toy ever for baby ?

- It's **YOU Mommy&Daddy** !

Be a mountain to climb, a lion/a fairy/ a cow/a wolf/ a ladybug and storyteller, be a friend to talk to, be a serious contestant in a run, be a big dictionnary (and you can also say when you don't know!!), be a teddy bear to hug, be a singer, be a bed and a chair, be a clown, be the security guy and the druid, be his **DAD**, be his **MOM**.

Enjoy:)